

## **DAY OF PROCEDURE INFORMATION**

Eating breakfast or lunch before your procedure is allowed.

Please inform the nurse if you are on any new medication.

Depending on the type of procedure to be done, certain medications will need to be stopped between one and seven days before your procedure. (Please see Information Needed To Review Before Procedure sheet).

Please let the Nurse and Doctor know if you are taking any antibiotics, why you are on them and for what length of time.

If you are sick or if you have a temperature, please call the office to talk with a nurse before coming for your procedure. You may need to be rescheduled.

The following procedures will not require a driver and you may be able to return to work the same day (based on the type of work you do and your Doctor):

- Trigger points
- Knee injections
- Sacroiliac injections
- Facet injections
- RFTC

These procedures will require you to bring a driver and to be off of work the rest of that day:

- Epidurals
- Racz

\*Any injections done with sedation will require a driver and will require you to be off work the rest of that day.\*

The length of time that the actual procedure may take will vary. Approximate time is:

- Facet injections (10-15 minutes)
- Epidurals (15 minutes)
- RFTC (30-45 minutes)
- Racz (90 minutes)

Recovery room time is usually between 15-30 minutes.

**Because of the length of time involved in the procedure and recovery room, it is best not to bring small children to your appointment.**